

FACTORS OF FORMATION OF EMOTIONAL-VALUE
ATTITUDE TO OWN BODY IN ADOLESCENTS

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The factors influencing the formation of the emotional-value attitude of the individual to his body include: actual subjective perception of the body, both appearance and ability to function; internalized psychological factors resulting from one's own emotional experience individual, as well as a distortion of the concept of the body manifest in somatic illusions; sociological factors, related to how parents and society react to the individual; deal body image, which consists in attitudes towards the body, in turn associated with sensations, perceptions, comparisons and identifications of one's own body with the bodies of others of people.

Attitude towards one's own body in adolescence way is determined by those of its features that have developed on in the early stages of development. Yes, the formation of a positive or negative attitude towards one's own body in childhood associated with the specifics of education, the atmosphere in the fatherland the nature of the parent-child relationship. If parents show in a relationship with the child hostility, remoteness, inattention, this leads to the formation of negative attitude towards oneself in general, which affects the attitude towards its physical appearance. Further self-assessment of appearance turns out to be practically unrelated to objective physical given by the child, but depends on the positive or negative attitude from those around you. And the attitude towards one's own body and attitude towards oneself as a whole are closely related: assessment of one's own appearance tends to extend to the self-esteem of the individual as a whole, and vice versa - a positive attitude towards oneself in general contributes to more positive attitude towards appearance.